

Food Best-by Date vs Sell-by Date Guide

Learn how to check and extend food shelf life.

Best if Used by/Before Date:

Indicates when a product will be best for flavor or quality; it is not a purchase or safety date.

Sell-by Date:

Tells the store how long to display the product for sale for inventory management; it is not a safety date.

Except for infant formula and baby food, dates are not an indicator of the product's safety and are not required by Federal Law.

Save money, reduce waste, stay safe.

Foods not showing signs of spoilage, such as leaking and bulging, should be wholesome and may be eaten or donated beyond the labeled date.