

# Environmental Specialist Sara Cardoza interviewed in Sacramento Bee's Feast Section

"The biggest cause

illness is improper

of food-related

hand-washing."



Environmental Specialist (ES) Sara Cardoza was interviewed by the Sacramento Bee as one of Sacramento County's food inspectors that

inspects approximately 5747 food facilities in the county each year. ES Cardoza received her bachelor's degree in nutrition science from UC Davis and then obtained

her Registered Environmental Health Specialist certificate.

ES Cardoza explained that health inspectors visit each food facility three times per year, unannounced. They inspect the facility to ensure that proper food tem-

peratures are being maintained, that cleanliness procedures are in place, that food is from approved sources and that other high risk factors of food borne illness are absent, such as vermin and surfacing sewage.

Part of a health inspector's skill set includes building a rapport with clients receiving the inspections so that when problems do arise there is open communication to resolve the safety issue.

Sacramento County's color coded placarding system has "been a great way to invite the public into our process, and we've seen a decrease in major violations and food borne illnesses because of it."

#### **County Board of Supervisors**

Phil Serna, 1st District
Patrick Kennedy, 2nd District
Susan Peters, 3rd District
Roberta MacGlashan, 4th District
Don Nottoli, 5th District
Bradley Hudson, County Executive
Paul G. Lake, Chief Deputy County
Executive, Countywide Services

Val F. Siebal, Director, Environmental

Management Department

## Single Use Bag Ban Referendum Puts the Bag Ban on the November 2016 Ballot

It's a common sight to see single use plastic bags blowing from a bush limb or flapping against a fence whether you're driving down the freeway or just driving through your neighborhood. This particular visual blight is only a little over 3 decades old, since the single use plastic bag was introduced to US grocery stores.

in 1977. Plastic bags are cheap to use, but ultimately very costly to the environment.

Over 139 California cities and counties have passed legislation



(over)

☐ Plastic grocery bags distributed in California banning single use plastic bags. annually generate nearly 350,000 tons of CO2 The following fact sheet is copied with permission equivalent. from the Californians Against Waste (CAW) website ☐ The 'disposal cost' of plastic bags is notable, less and offers food for thought. for the 'volume disposed' (less than 1% of trash by What's Wrong With Single-Use Plastic Shopping weight) but rather for the disproportionately high Bags? cost of collecting, managing, containing and Plastic bags pose unique and disproportionately high 'recollecting' plastic bags after they are initially environmental and societal costs that have not and disposed. cannot be mitigated through recy-☐ California cities and counties spend cling alone: an estimated \$428 million annually to ☐ Ubiquitous, light, and easily airclean up litter and prevent marine polborne plastic bags have a tendency lution. Plastics bags contribute \$34 milto blow out of trash cans, garbage lion to \$107 million to these costs, trucks, and landfills, making them based on litter data in San Jose and LA the single largest source of County. 'inadvertent' litter. ☐ A CAW survey of Northern California landfills □ Non-biodegradable, plastic bags persist in the mafound that the cost of on-site litter clean up ranged rine and terrestrial environment for decades, while from \$60,000 to \$400,000 annually. One-quarter their useful life is typically measured in minutes. to one-half of the litter could be described as 'plastic bags'. ☐ Plastic bags threaten wildlife through ingestion and entanglement. Plastic bags and pieces have been ☐ California retailers currently spend in excess of found in the stomachs of dead whales and other ma-\$225 million annually to provide consumers with rine mammals, sea turtles, fish, and sea birds. 'free' shopping bags. Assuming these costs have been added to the price of groceries, consumers ☐ Made from non-renewable petroleum or natural are likely paying an average of \$17/household/ gas, the greenhouse gas emissions associated with annually in higher grocery prices to cover the cost the production of plastic bags exceeds that of alterof 'free' bags (even if you don't use them). natives (reusable & recycled paper bags).

#### **Food Safety Education Classes**

There were 5 onsite and 1 off site Food Safety Education classes conducted in December 2014, with a total of 60 participants representing 22 facilities. Three classes were conducted in English, 2 in Spanish, and 1 in Cantonese.

#### **Hazardous Material Plan Workshops**

The Environmental Management Department offered 1 Hazardous Material Plan Portal Workshop during December, 2014. There was 1 individual that attended this workshop, representing 1 business. During the workshop, EMD staff provided regulated businesses an overview of the electronic reporting process and also assisted each person with the process of submitting their Hazardous Waste Plans electronically. Hazardous Waste Plans are mandated by the California Environmental Protection Agency to be electronically submitted, effective January 1, 2013. EMD continues to assist consumers who need instruction filing their plans electronically.

## January Safety Tip by Justin Ross

A fall from a portable ladder can lead to many debilitating and painful injuries. The Occupational Safety and Health Administration have some simple points to minimize your risk of injury.

- Read and follow all labels/markings on the ladder
- Avoid electrical hazards! Look for overhead power lines before handling a ladder. Avoid using a metal ladder near power lines or exposed energized electrical equipment.
- Always inspect the ladder prior to using it. If the ladder is damaged, it must be removed from service and tagged until repaired or discarded.
- Always maintain a 3-point (two hands and a foot, or two feet and a hand) contact on the ladder when climbing. Keep your body near the middle of the step and always face the ladder while climbing.
- Ladders must be free of any slippery material on the rungs, steps or feet.
- Do not use the top step/rung of a ladder as a step/rung unless it was designed for that purpose.
- Use a ladder only on a stable and level surface, unless it has been secured (top or bottom) to pre-

- vent displacement.
- An extension or straight ladder used to access an elevated surface must extend at least 3 feet above the point of support.
- The proper angle for setting up a ladder is to place its base a quarter of the working length of the ladder from the wall or other vertical surface.
- A ladder placed in any location where it can be displaced by other work activities must be secured to prevent displacement or a barricade must be erected to keep traffic away from the ladder.
- Do not exceed the maximum load rating of a ladder. Be aware of the ladder's load rating and of the weight it is supporting, including the weight of any tools or equipment.





### Bad Ideas....





## Welcome to EMD's New **Employees**



Kertisa Mitchell, Senior Office Assistant, 1st Floor



James Van Buren, Environmental Specialist III, Environmental Compliance



Chris Brozek, Environmental Compliance Technician

#### And New Interns



Luz Hernandez



Pedro Chavez



Sandra Barron

### Retiring...

usan Williams, Environmental Compliance Environmental Specialist III, will be retiring January 23rd, 2015, after 25 years of service with Sacramento County's Environmental Management Department. Susan is looking forward to spending time with her grandkids, taking care of her farm animals and traveling wherever she has a notion to, with her newly retired husband. We wish you all the best Susan!



Susan Williams

	By the Numbers December 2014	14-De
	Food Facility Placards Issued	
	A. Green – Pass	89
	C. Red – Closed	1
	B. Yellow – Conditional Pass	3
	Inspections	
1	Abandoned Wells	1
2	Above Ground Storage Tank	1
3	Body Art	4
4	Food Protection (includes reinspections and food events)	112
5	Farm Labor Camps	
6	Public Swimming Pools/Spas	
7	Solid Waste Facilities (landfills/transfer stations)	
8	Liquid Waste  Medical Waste	
9		
10	Small Water Systems	
12	Wells  Puriposes /Facilities Congrating Hazardous Waste	1
13	Businesses/Facilities Generating Hazardous Waste Businesses/Facilities Storing Hazardous Materials	2
14	Underground Storage Tank Facilities	
15	Storm Water Non Food Facility	
16	Waste Tire	
17	Tobacco Retailer	
18	Commercial/Multi-Family Recycling	1
19	Refuse Vehicle Inspections	1
	Total	21
	Investigations	
1	Body Art	
2	Consumer Complaints	
3	Food Borne Illness	
4	Incident Response	
5	Solid Waste	
6	Storm Water	
7	Waste Tire	
8	Childhood Lead	
	Total	
	Class Attendance	
1	Food Safety Education (Food School)	
2	Hazardous Materials Business Plan (HMP) Workshop	
3	"How To Get A Green Placard For Food Inspection" Workshop	
	Total	
	Plans, Permits, and Reviews	
1	Abandoned Wells	
2	Hazardous Materials Business Plans	4
3	Body Art	
4	Monitoring Wells/ Water Wells	
5	Food Facilities	1
6	Public Swimming Pools/Spas	1
7	Underground Storage Tanks - Includes Removals, Installations, Upgrades and Repairs	
8	Land Use	
9	Local Oversight Program	
10	Cross Connection Permits (Blue Tags)	11
	Total	19
	Information Management	
1	Document Pages Imaged Public records are accessed online	119